

# 2023 ANNUAL REPORT



recoveryresources

Partners in **health**. Partners in **hope**.

*An affiliate of The MetroHealth System*

# 2023: Continuing to **EVOLVE**

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Recovery Resources has a long history of evolving to meet the expanding needs of the community. From its origins as the National Council on Alcoholism, founded by Martha (Marty) Baker in 1955, to the expansion of its mission including services for those experiencing mental illness, substance use disorder and other addictions, Recovery Resources has been a leader in serving the community for nearly 70 years.

In 2023, Recovery Resources Board of Directors, leadership and employees continued to **EVOLVE** around the needs of the community. As we reflect on all that was accomplished, we considered how the organization evolved – directly and through partnerships – over the year.

## GRATEFUL TO OUR PARTNERS

2023 was a year of significant effort and evolution which could not have been achieved without support. We are grateful for our funding partners – Substance Abuse and Mental Health Services Administration (SAMHSA), The Ohio Department of Mental Health & Addiction Services (OHMHAS), the Cuyahoga County Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board, as well as the Casino and Lottery Commissions. We are grateful for the support of our Board of Directors who give insight and guidance to Recovery Resources' strategy. We are grateful for our employees who provide essential services to our clients and go along the journey with them on their roads to wellness and recovery. We are grateful for our clients who place their trust in us to help them achieve their goals during some of their most difficult times.

Finally, we are grateful for you – the community member who believes in the mission of Recovery Resources of helping our neighbors triumph over mental illness, alcoholism, drug and other addictions.

Highest Regards,



Adam Bechler, Chair



Seona Goerndt, President & CEO

YEAR IN REVIEW

## EMPLOYEES

Employees at Recovery Resource provided more than 33,000 visits and served almost 6,000 clients in 2023. Through these visits, Recovery Resources expanded its clinical treatment group offerings, expanded the psychiatric services team by welcoming two new Advanced Practice Registered Nurses (APRNs) and provided educational opportunities for the next generation of psychiatrists by hosting The MetroHealth System residents and fellows under the leadership of Dr. Neera Gupta, our medical director.

## VOLUNTEERS

Volunteers have been an integral part of how Recovery Resources partners in serving the community. We are grateful for the Recovery Resources Associate Board who – once again – planned and hosted the Run for Recovery. This committed group of individuals raised awareness of the resources available to support wellness and recovery. Through the 11th annual event, \$66,354 was raised to provide much needed resources – such as transportation – to Recovery Resources clients. Additionally, Associate Board and Recovery Resources Board of Directors member volunteers hosted the first Client Holiday Party in four years, while staff volunteers worked hard on our Client Resource Drive to provide essential cold-weather clothing and other necessary items to Recovery Resources clients and their family members.

## OPPORTUNITIES

Opportunities to partner and collaborate in new and expanded ways were discovered in 2023. Recovery Resources has a long-standing partnership with the Cuyahoga County Court of Common Pleas Mental Health and Developmental Disability Docket leadership. In 2023, Recovery Resources and the courts partnered to establish the foundation for a new Forensic Assertive Community Treatment (FACT) program. This program provides a team-based model – between Recovery Resources, the courts and probation - to provide much-needed services for individuals engaged in the criminal justice system. The program partners holistically with individuals to increase the likelihood that individuals meet their mental health and probation goals and reduces recidivism.

## LINKING

Linking community members to services was one of the primary goals for Recovery Resources' Substance Abuse and Mental Health Services Administration (SAMHSA) grant. This team served over 300 individuals in our community through the grant. So often as a health care system, clients are expected to find their way to treatment, often initially without support. Through the SAMHSA Team, we were able to meet community members where they were, providing necessary linkage to community resources and clinical treatment. The SAMHSA Team assisted clients in engaging in clinical services, identifying housing and supported clients in working towards their goals.

## VISITORS

Visitors came to Recovery Resources to learn more about the services provided and how we might partner in addressing the mental health and addiction needs of our community. Recovery Resources was honored to host Cuyahoga County Executive Chris Ronayne in November. During County Executive Ronayne's visit, he learned more about the areas of greatest need for those we serve – including transportation and housing. County Executive Ronayne shared that addressing the needs of our community members experiencing mental illness and addiction, as well as transportation and housing, are also priorities for his office and leadership team. We were also honored to host City of Cleveland Ward 13 Council Member Kris Harsh in March of 2023. During councilman Harsh's visit, Recovery Resources clinical leaders shared the many programs offered to the community, the prevalence of community members experiencing mental illness and addiction and how we can collaborate on serving together. These conversations created opportunities for collaboration and understanding the needs of the community and who our agency serves.

## EXPANDED ACCESS

Expanded access through the "The Access to Care" team's evolved model which included centralizing the assessment process to serve both Recovery Resources clients and The MetroHealth System patients who were taking their first steps towards mental wellness and recovery. The Access to Care team offers same-day and walk-in assessments and is available to schedule visits within one week. Evolving the model to create this level of access removed barriers to assure that when someone is ready to engage in services, they can access care right away.

# Leadership

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## Executive Leadership

**SEONA GOERNDT, MBA**

President & CEO

**NEERA GUPTA, MD**

Medical Director

**SANDRA SIMS, MA.ED.,  
LPCC-S**

Director of Clinical Operations

**ETHAN KRASNOW, M.S.**

Philanthropy, Gifts & Grants  
Manager

**MAUREEN MASTERSON, LSW**

Senior Manager of Housing,  
Vocational, and Employment  
Services

**CREOLA RICE, MA, M.E.D.**

Quality and Accreditation  
Manager

**ANGELA REVAY, MBA**

Finance Manager

## Board of Directors

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**CHUCK ROYER, Esq.**

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WISKOCHIL**

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**TERA COLEMAN**

Secretary, Run for Recovery  
Co-Chair

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# Life/Honorary Directors

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LEADERSHIP

# Making a Difference

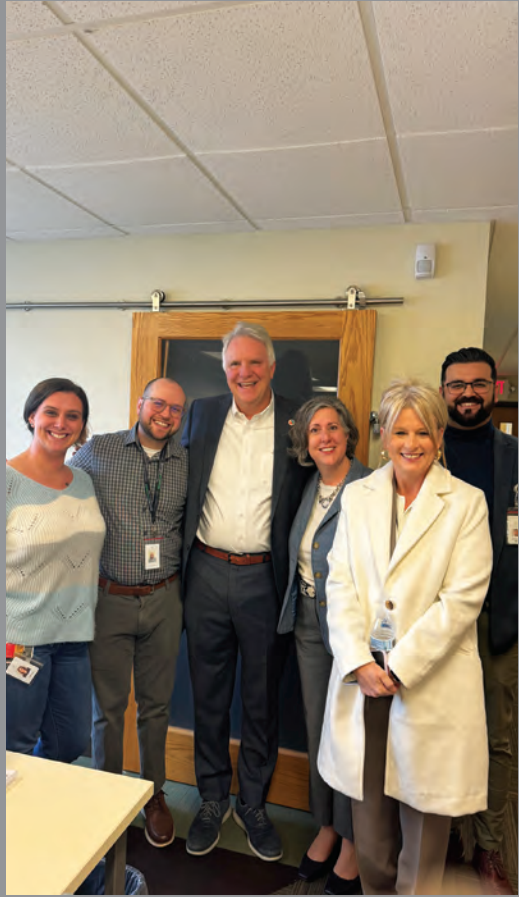
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If you or someone you know is struggling with addiction or mental health problems, it can feel like you're alone, without guidance or support. Recovery Resources exists to be your partner.



OUR AREAS OF IMPACT

OUR AREAS OF IMPACT



# +5,900 Clients Assisted

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“I feel so comfortable. When I need something, we (the staff and I) get it done. I feel proud and satisfied. My clinician is great! I really enjoyed group these last few months. Learned a lot from my clinician and the group. [I] attained new skills and positivity.”



**“I survive because you are here.”**

“When I first came to this place, I was skeptical about really getting the help that I needed. But all that has changed and after a year of being here, I’ve begun to really love this place and the support I get from everyone here. I will be forever grateful to this place. It’s because Recovery Resources that I get to live a life that I’m proud of. Thank you so much for letting me be a part of this amazing program. Thank you!”



“My case manager is an awesome person. He is always there for me when I need him and helps me with services I need in my daily living. I couldn't ask for a better case manager.”

“I've been coming here for 9 years. I wouldn't if they weren't helping me. Doing a very professional top-notch job. Thank you!”

“Recovery Resources has given me a chance to renew my life. I graduated from my alcoholism on to a better life, never forgetting my battle and realizing I will always be an alcoholic. Recovery Resources never lets you down. They're here to help you grow if you want it. Thanks Recovery Resources!”

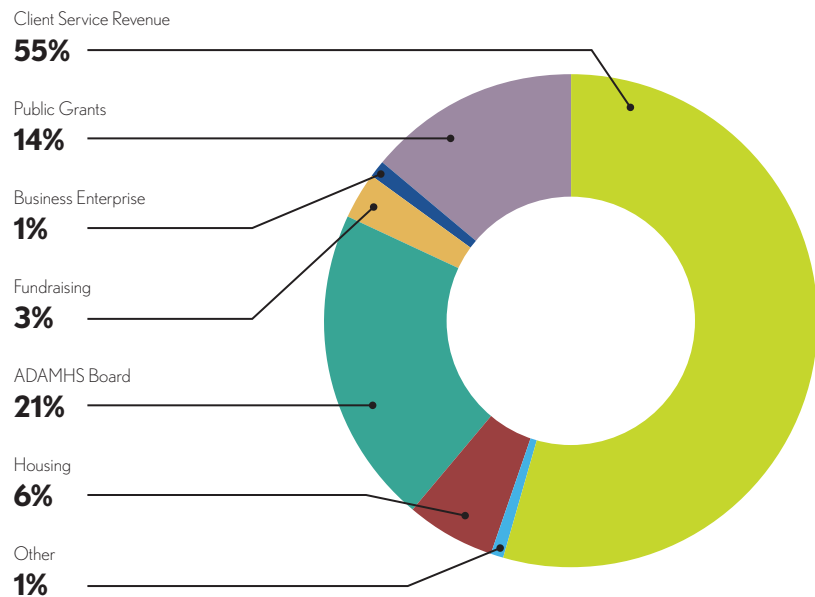


# 2023 Financial Highlights

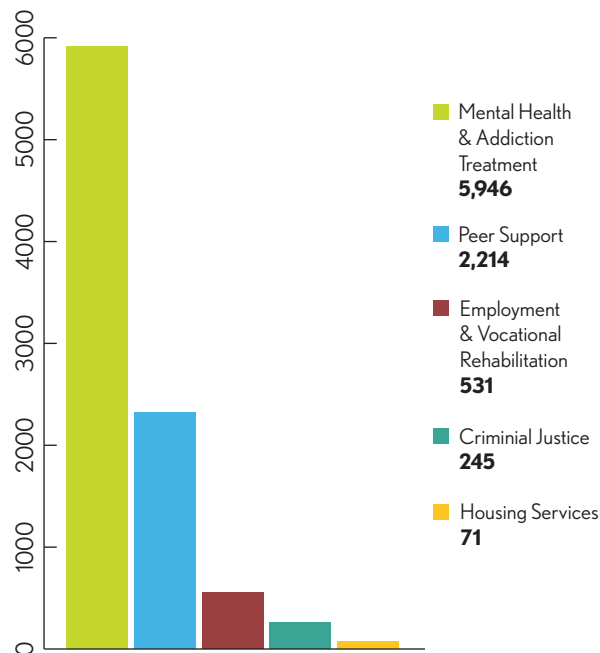
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Through the generosity of donors, private grants and funding through Substance Abuse and Mental Health Services Administration (SAMHSA), The Ohio Department of Mental Health & Addiction Services (OHMHAS) and the Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board, Recovery Resources added clinical programs, provided additional technology and improved safety and security for clients and employees. Additionally, donations received provided day-to-day necessities that made it easier for clients to access care and services.

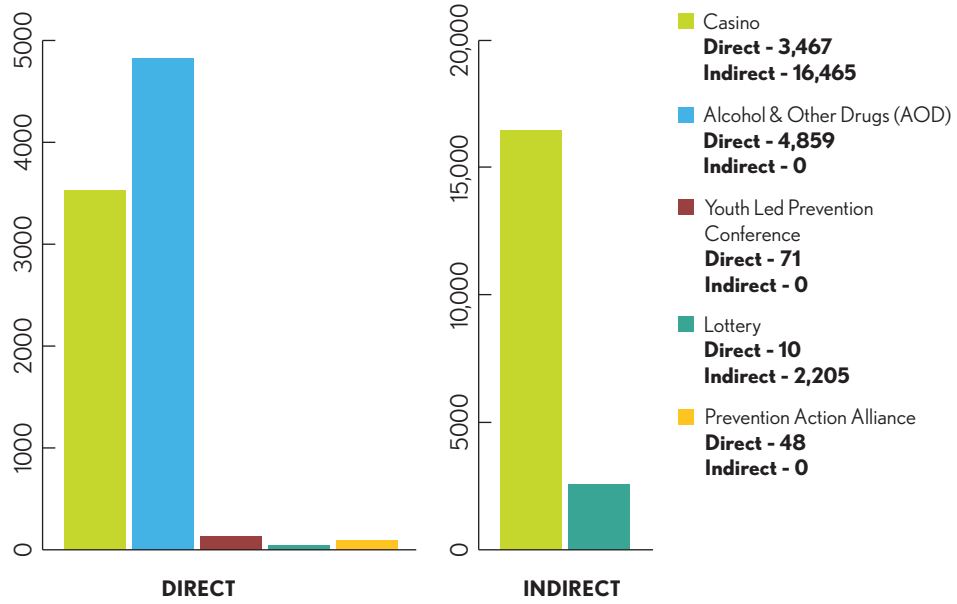
## Revenue Sources



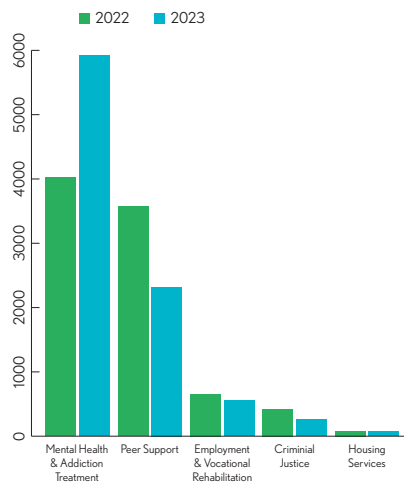
## Clients Served



## Client Prevention

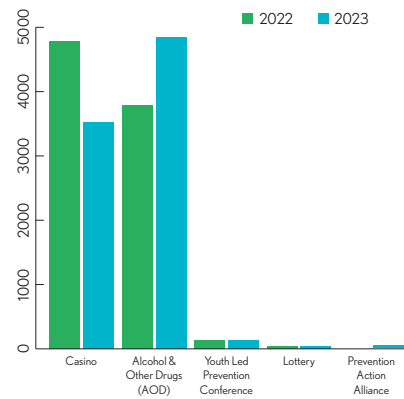


## Data Comparison



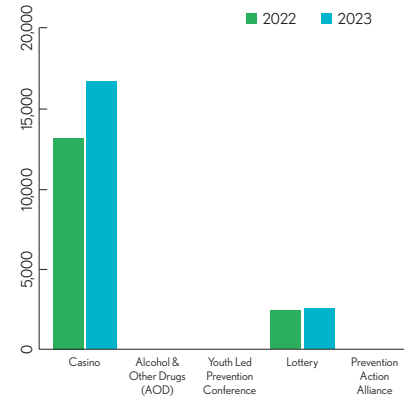
	2022	2023
Mental Health & Addiction Treatment	4,006	5,946
Peer Support	3,697	2,214
Employment & Vocational Rehabilitation	942	531
Criminal Justice	697	245
Housing Services	76	71
<b>Total:</b>	<b>9,418</b>	<b>9,104</b>

## Prevention Data Comparison (Direct)



	2022	2023
Casino	4,834	3,467
Alcohol & Other Drugs (AOD)	3,844	4,859
Youth Led Prevention Conference	80	71
Lottery	10	10
Prevention Action Alliance	3	48
<b>Total:</b>	<b>8,771</b>	<b>8,455</b>

## Prevention Data Comparison (Indirect)



	2022	2023
Casino	13,268	16,465
Alcohol & Other Drugs (AOD)	0	0
Youth Led Prevention Conference	0	0
Lottery	2,157	2,205
Prevention Action Alliance	0	0
<b>Total:</b>	<b>15,425</b>	<b>18,670</b>

# Our Supporters & Sponsors

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Thank you to the individuals, foundations and corporations who graciously supported us in 2023.

## Corporate Support

### **\$5,000+**

McMaster-Carr Supply  
Company  
United Way  
of Greater Cleveland

### **\$2,500+**

Idapec Realty Corporation  
Robert W. Baird and Co. Inc.

### **\$1,000-\$2,500**

FIT Technologies  
Gallagher  
Allegro Real Estate Brokers  
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### **Up to \$499**

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United Methodist Church of  
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## Foundation Support

### **\$50,000+**

Three Arches Foundation

### **\$10,000-\$50,000**

The Noom Foundation

### **\$5,000-\$10,000**

The South Waite Foundation

### **\$1,000-\$5,000**

Betty T and David M.  
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The Callahan Foundation  
David and Inez Myers  
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### **Up to \$1,000**

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SUPPORT

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### \$20,000+

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Friends of Tres Roeder

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Michael Turk and Deborah  
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### \$500-\$1,000

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\* Recovery Resources is extremely grateful for the generosity of our friends, donors, and supporters. If we inadvertently misspelled or omitted any names, please accept our sincerest apologies. We work to maintain the highest level of accuracy.

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**2024**  
**runfor**  
**recovery**

RECOVERY RESOURCES

5K | Kids' Fun Run | One Mile Wellness Walk

Saturday, August 10th  
Cleveland Metroparks Zoo  
[www.recres.org/runforrecovery](http://www.recres.org/runforrecovery)

MOVE FOR SOMETHING THAT  
*Matters*

Be the reason someone can afford help  
and donate today:

[www.recres.org/donating](http://www.recres.org/donating)

**recoveryresources**

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*An affiliate of The MetroHealth System*

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