



2013 ANNUAL REPORT

2013 Recovery Resources Annual Report



RECOVERY RESOURCES

Partners in health. Partners in hope.

Voices of Hope

Stories of challenge and recovery

Mariah's Story

I've had schizophrenia since I was a teenager. My paranoia and my drug problems isolated me from everyone. My friends and family didn't want anything to do with me, because I lied all the time. I got into lots of trouble, and it was my probation officer that referred me to Recovery Resources. I was very nervous when I started at Recovery Resources, and it took a while before I opened up about my feelings and about how much I was using. I met with a psychiatrist who got me on the right medications, and I started intensive outpatient therapy for my mental illness and my drug abuse. It was really hard, and I couldn't get away with anything. But it was the first time people understood that I was sick, and not bad. When I finished my aftercare program, my family was so happy, and I spend time again with them now. I just got my driver's license, and Recovery Resources is helping me find a job. I am proud of myself and I wake up happy most days. Things are good.

Voices of Hope

Stories of challenge and recovery

Willie's Story

I tested positive for marijuana at work during a random drug screen and was required to attend our employee assistance program for an assessment. They referred me to Recovery Resources' weekend prevention program. I'd smoked pot almost daily for 15 years, but didn't think it was a big deal, because I had a good job, money in the bank, and was married. The class helped me see that my using was an issue, and I realized how many things I wasn't doing to better myself because I spent so much time high. I'm now spending more time with my wife, and am considering enrolling in college this fall, to finish my last few credits for my Bachelor's Degree. Before, I was just getting by in my life; now I want more – I want to really live my life.

Voices of Hope

Stories of challenge and recovery

LaTanya's Story

I struggle with depression, addiction, and diabetes. I was in the hospital a lot. I was going to lose my kids. I thought that drinking made me feel better, but I learned when I came to Recovery Resources that my drinking was really making my depression and my diabetes worse. I was terrified of losing my kids, and I swore I'd do anything to keep them. It took many months of individual and group counseling for me to open up and not hide my anger. I met people going through the same issues I had, which really helped. The best thing was I got to bring my kids with me, and they got help in the child care program, while I got help, too. Recovery Resources helped me find a doctor close to where I live, and gave me reminders to make sure I kept my appointments. I check my blood sugar when I'm supposed to now. Today I'm clean, I have my kids, and I am looking for my own place. For the first time ever, I am a good mother.

Voices of Hope

Stories of challenge and recovery

Thomas' Story

I gambled for 20 years, stealing from my family and my job to do so. I was fired, and facing jail time. I began individual counseling for my gambling, and through these sessions learned what my gambling triggers were, developed tools to keep from gambling, and began to understand what an addiction was. I also learned how to cope when I'm stressed out. I was sentenced to jail for 4 months, and continued with my gambling treatment when I was released. I haven't gambled in 11 months, and was lucky enough to get another job. Now I'm saving money, instead of throwing it away, and my ex-wife is letting me spend time with my daughter again. Things are looking up.

Our Mission



Who We Are

We are determined to ensure that our clients and others living with mental health and addiction disorders are embraced by a comprehensive health care continuum that addresses both behavioral health issues and broader health needs, so that soon, they can experience lives filled with health and hope.

Our Services

Prevention & Wellness

- AssistNOW Employee Assistance Program
- Training and Consultation Institute
- Substance abuse and gambling prevention and education
- School-based services
- HIV/STD prevention
- Parenting education
- Anger management
- Therapeutic preschool services

Treatment

- Clinical assessment
- Individual counseling
- Group counseling
- Case management
- Psychiatry and nursing
- Partial hospitalization
- Programs for people with both mental health and addiction needs
- Intervention

Recovery Support

- Housing
- Forensic linkages
- Vocational training
- Job placement
- Warmline Telephone Services
- Relapse prevention

By the Numbers





Who We Are

In 2013 we established a clear, three-part service delivery structure: prevention and wellness, treatment and recovery support. These numbers are just part of our story of success.

4,605 individuals received prevention and wellness-based services

7,000 individuals received ongoing clinical treatment services

1,700 individuals received recovery support services, such as housing and employment

Putting Caring into Action

\$282,255 in services provided to those unable to pay for treatment

21% increase in service volume over the previous year

84% of our resources went to program activities

Moving a promise from a dream to a reality requires significant investment. In 2013, Recovery Resources agreed to make three large investments in support of our commitment to integrating physical healthcare into our scope of services.



Investing in people

We have invested in our staff, and will continue to do so, ensuring that we have the right people, positions, structure and training to address our clients' broad healthcare needs holistically, proactively, and with coordination.



Upgrading technology

We have invested in upgraded technology to communicate more meaningfully with healthcare providers throughout the community via a state-of-the-art electronic health record, which is essential for addressing the complex healthcare needs of our clients.



Creating space

We have invested in the right physical space: in July 2014, Recovery Resources will relocate its Ohio City operations to a beautiful campus in Old Brooklyn – a building designed to support the delivery of physical and behavioral healthcare with enough space to invite other providers to join us in this effort.

From 2013
to 2014.
From dream
to reality.

Many of you reading this report have already stepped forward to support these efforts, and we thank you. We hope that those of you learning about them for the first time will be similarly inspired.

From the Chair & President



Victor F. Faris
Board Chair



Debora A. Rodriguez
President & CEO

It is with pride and gratitude that we present to you Recovery Resources' 2013 Annual Report, the first to be electronic.

The theme of this year's report, "Partners in Health, Partners in Hope," reflects some significant undertakings by the Agency in 2013 in long-range planning and brand positioning. As you see a new logo, tagline, website and electronic annual report, you are in the midst of a creative demonstration of our message for the coming years.

We are committed to working in partnership with others, because no one person or entity can do all that is needed. Our partnerships with our clients, with each other, with our volunteers, funders, donors, sponsors, colleague agencies and other community partners - this is the platform upon which true and sustained change will occur. Thank you for being our partner.

Recovery Resources is blessed in many ways:

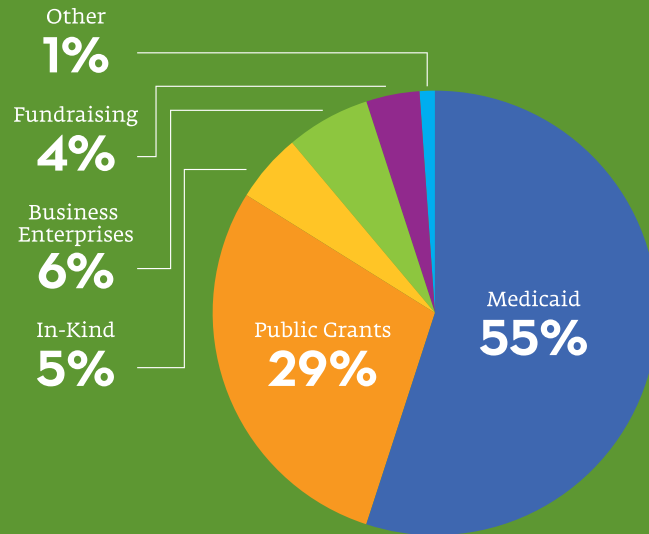
- a Board that brings an entrepreneurial spirit and unwavering support to the organization
- a staff whose talent and passion are unparalleled, and who refuse to be satisfied by the status quo
- community partners who consider it an obligation and a privilege to contribute to the health of this community
- clients whose commitment to health and to life is resolute

It is in the context of these gifts that we are confident we can be both your partner in health and your partner in hope.

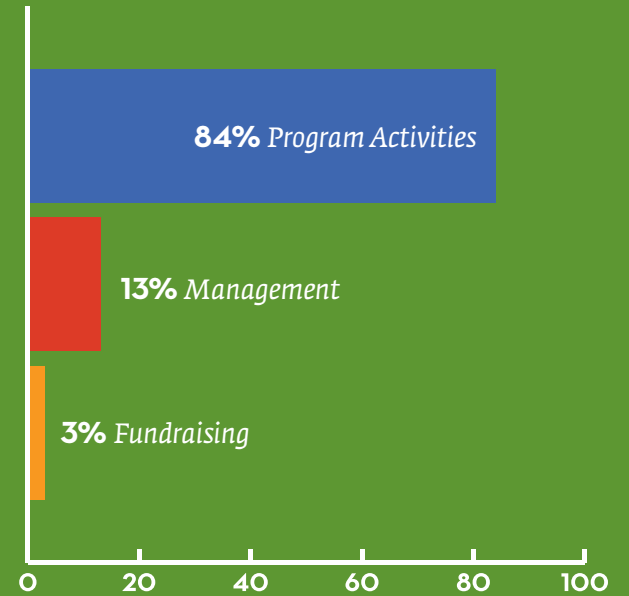
As we celebrate our 59th year of service to the community, we want to thank each of you for the honor and privilege of being your partner. It takes a community to support a community, and we remain ever grateful for your confidence in us.

Financials

Where Our Resources Come From



How Our Resources Were Spent



Financials

Financial Highlights 2013

Recovery Resources – Your Partner in Sound Financial Management

We continue to be mission-centered with an unwavering focus on increasing capacity, serving with excellence, and maintaining exceptional stakeholder satisfaction.

As part of that mission, the Agency made excellent progress during 2013 in thoughtful long-range planning. One of the goals that emerged from this planning was to “Strengthen Financial Flexibility to Maximize Performance and Sustainability” – which directs us to plan meaningfully for our current state, as well as for our future state.

To ensure that we remain a fiscally healthy and responsible organization in the present, we continued to prioritize diversifying revenue streams, maximizing the draw-down of all contracts, attending to the administrative practices that support income optimization, and carefully controlling expenses.

To assure a vibrant and well-sustained future, Recovery Resources invested in areas that will prepare us for the realities of transformative changes in health care service delivery and reimbursement.

We made investments in the people, technology and physical space that will enable the delivery of integrated and holistic services to members of our community, because that is what they deserve, and that is what the future demands. The Agency is pleased to have delivered \$282,255 worth of services to individuals without a means to pay for their care, and is committed to growing our income-generating initiatives to ensure our ability to deliver uncompensated care each year, as necessary.

Recovery Resources is proud to be your partner in exemplary financial stewardship, and is grateful to the many supporters who make the work we do possible.

Financials

Balance Sheet

June 30, 2013 - In Thousands

Assets	
Cash	1,941
Investments	5,370
Accounts Receivables	1,711
Fixed Assets	2,498
Other Assets	108
TOTAL ASSETS	\$11,628
Liabilities and Net Assets	
A/P & Accrued Expenses	1,117
Other Liabilities	373
TOTAL LIABILITIES	1,490
Net Assets - Unrestricted	8,318
Net Assets - Temporarily Restricted	270
Net Assets - Permanently Restricted	1,550
NET ASSETS	10,138
TOTAL LIABILITIES & NET ASSETS	\$11,628

Support & Revenue	
Program Service Revenue	6,856
Grants (Government & Private)	3,654
Business Enterprises	792
Fundraising	445
Net Program Service Revenue	11,747
In-Kind	554
All Other	164
TOTAL SUPPORT & REVENUE	\$12,465
Expenditures	
Program Services	10,174
Management & General	1,528
Fundraising	348
TOTAL EXPENDITURES	\$12,050
Operating Results	
Net Operating Results	413
Realized Gain on Investments	432
Consolidated Surplus	
Consolidated Surplus	845

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