

FOR IMMEDIATE RELEASE

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2nd Annual Run for Recovery has everyone running to register!

July 8, 2014 (Cleveland, Ohio) – Recovery Resources will host its 2nd Annual Run for Recovery 5K run and 1-Mile Walk on Saturday, August 30, at Progressive Field, to kick-off of Recovery Month, which is in September.

This community-based event will be held entirely throughout Progressive Field, as participants follow the footsteps of the Cleveland Indians by running through the concourse levels, up and down ramps, and end on the warning track. Cleveland Indians' mascot hot dogs, Ketchup, Mustard and Onion, will join participants and cheer them on! Awards for the 5K race will be given to the top three overall male and female runners, and to various age groups winners. Incentive prizes are being offered to the top team fundraiser and top individual fundraiser!

"To watch people of all ages participate in an event that focuses on recovery is a win regardless of your running time! Our relationship with the Cleveland Indians and our race sponsors allows us to truly be a partner in our community's health," Debora Rodriguez, President and CEO of Recovery Resources, said.

Recovery Resources opened the doors to a new facility at 4269 Pearl Road in Old Brooklyn on Monday, July 7th, with the goal of creating a healthcare neighborhood and integrating physical health care into its scope of services. "Exercise supports physical, mental and emotional wellness." explains Mark Shapiro, President of Cleveland Indians and Recovery Resources' Board Member. "The Cleveland Indians organization is proud to be involved in this effort."

Sponsors of the event include Wells Fargo, The Cleveland Indians, Robert W. Baird & Co., ExactCare Pharmacy, Stellar Benefits Group, and the Cleveland Clinic.

A discount registration fee of \$25 is available for the 5K Race through July 31. After that, the entry fee increases to \$30. The 1-Mile Walk costs \$15. To join a team, start a team, support a team or simply register, visit www.wizathon.com/runforrecovery. All proceeds will benefit Recovery Resources, a community-based 501(c)3, with a mission of helping people triumph over mental illness, alcoholism, and drug and other addictions.

Recovery Month is a national observance sponsored by SAMHSA within the U.S. Department of Health and Human Services (HHS). The observance is designed to raise awareness of mental health and substance use disorders, celebrate individuals in long-term recovery, and

acknowledge the work of prevention, treatment, and recovery support services within communities.

For more information regarding Recovery Resources or its Run for Recovery, please call Michele Krampitz at 216-431-4131 ext. 1303, or e-mail mkrampitz@recres.org or visit www.recres.org. Friend us on Facebook, Follow us on Twitter or Link with us on LinkedIn. To find out more about Recovery Month, visit www.recoverymonth.gov.

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Founded in 1955, Recovery Resources delivers outpatient mental health and addiction treatment, education, prevention and recovery support services to residents of Northeast Ohio. Its mission is to help people triumph over mental illness, alcoholism, drug and other addictions. Recovery Resources is accredited by CARF, The Ohio Department of Mental Health and Addiction Services, and is a contract agency of the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County.